

Frome Branch Training Day - General Arrangements

Applications

Submit applications no later than the last date shown on the form, accompanied by the £10 course fee (where applicable and made payable to Mrs J Cornwell). Late applications will be accepted if places remain available. Applications will not be acknowledged but applicants can expect joining instructions 1-2 weeks before the training day.

Schedule

0945 'Meet and Greet' at Morning Tower, followed by tutorials and ringing 1000-1200

12.00 – 2.00 pm Lunch + travel to afternoon tower (as required)

2.00 – 4.00 pm tutorials and ringing in afternoon tower

Any other changes of times will be given in the joining instructions.

General

Each student must provide an **emergency name and contact**, contactable **throughout the day**; the contact **must not** be someone who is also on the same course.

Travelling distance will be kept to a minimum and shared transport requests met where possible. Joining instructions will detail the name of your tutor and other students in your Group to allow for shared transport arrangements where possible

Parental consent

Guidelines on Child Protection are detailed in the Association's Annual Report, a copy of which is available from every Tower Captain. Parents and guardians should familiarise themselves with these before signing the parental consent for their child's attendance. The parent/ guardian of a **minor** is responsible for the safe delivery of their charge to the morning tower and collection from the afternoon tower at the end of training. Safe transport between the morning and afternoon tower will be under the supervision of the Course Tutor. Additionally, the Branch Education Officer will arrange for a nominated Group Member to act 'in loco parentis' for minors during the day. If these conditions cannot be met, the minor will be unable to attend the training day. In signing their consent, parents/guardians are assumed to understand this and accept any liability in regard to it. If in doubt, please contact the Branch Education Officer

*Jenny Cornwell, The Old Tenniscourt Farmhouse, Wells Road, Hallatrow, Nr Bristol, B&NES, BS39 6EJ,
Tel: 01761 453641 Mob: 07713 158472 (Note: we do not have a signal at home.)*

Email: Jenny Cornwell <FromeBranch.EducationOfficer@bath-wells.org>

Frome Branch Training Day - Courses and 'Experience Criteria'

Basic Handling/Bell Control: first lesson and upwards. Includes raising and lowering on a single bell. This course is arranged according to need and can be swapped for one of the Handling Workshop leading to Rounds.

Handling Workshop leading to Rounds:

- Does your bell drop on you?
- Does your rope fly around?
- Are you always being told to hold up?
- Are you always being told to keep your hands together?
- Do you have difficulty with making coils when lowering?
- Do you have difficulty lengthening or shortening your rope?
- Do you have trouble in a strange tower?
- Do your bells have a short draft; you find you can't control a bell with a long draft.

Would you like to know 'why' to all these questions?

Rounds and Call Changes and/or Kaleidoscope ringing: you **must** be able to handle/ control a bell safely and ring rounds

Plain Hunt for Beginners: you **must** be able to control your bell safely in rounds and call changes **and** be able to ring the treble bell to call changes in your own tower. The course will introduce you to plain hunting generally and maybe hunting the Treble to plain courses of Grandsire or Plain Bob.

Moving on from Plain Hunting: you **must** be able to plain hunt on five bells including hunting the Treble to plain courses of Grandsire or Plain Bob. The course will introduce you to plain hunting on the Treble to touches of Grandsire and Plain Bob and introduce you to ringing an inside bell to plain courses of Bastow Minimus or Cloisters Doubles.

Raising and Lowering in Peal: you **must** have good bell control **and** be able to raise and lower a single bell competently at your own speed.

Bob Doubles: you **must** be able to ring the treble bell to touches of Bob Doubles or ring the plain course competently, preferably on different bells.

Grandsire Doubles: you **must** be able to ring the treble bell to touches of either Bob Doubles or Grandsire or ring the plain course competently, preferably on different bells.

Stedman Doubles: you **must** be able to ring touches of Bob Doubles or Grandsire Doubles or ring the plain course competently, preferably on different bells.

Plain Bob Minor: you **must** be able to ring the treble to touches of Bob Minor competently; and maybe have rung touches of Bob Doubles.

Grandsire Triples: you **must** be able to ring touches of Grandsire Doubles competently unless you come from an eight or ten bell tower where you do not ring doubles/minor, in which case you must be able to ring the treble to touches of Grandsire Triples.

Stedman Triples: you **must** be able to ring touches of Stedman Doubles competently unless you come from an eight or ten bell tower where you do not ring doubles/minor.

Treble to Treble Bob methods: You must be able to plain hunt to touches of Plain Bob or Grandsire, etc..

Cambridge Minor and Cambridge Major: You must be able to treble to a treble bobbing method such as Kent, Oxford or Cambridge itself.

Important Note: it is counter-productive, both to yourself and the Tutor Group as a whole, to join a course for which you are unsuited through lack of relevant experience. **Apply rigorous and realistic ability criteria in assessing the 'Experience Criteria' requirement above.**

Very Important Note: before joining a 'Methods' Group **carry out some essential pre-course study** work: know the 'Blue' line **thoroughly** (i.e. order of work, including Bobs and Singles). Your confidence level, and progress on the day, will benefit greatly from this.