

Frome Branch Training Days - General Arrangements

Applications

Submit applications no later than the last date shown on the poster. A fee of £10 is to be paid to the course leader on the day. The courses are free to those of 16 and below.

Late applications will be accepted if places remain available.

Applications will not be acknowledged but applicants can expect joining instructions within 7 days before the training day.

Schedule

Generally for most courses the programme is as below:

All Day

09. 45	'Meet and Greet' including tea and coffee at Morning Tower, followed by
10.00 – 1200 am	Tutorials and ringing
12.00 – 2.00 pm	Lunch, ringing chat + travel to afternoon tower (as required)
2.00 – 4.00 pm	Tutorials and ringing in afternoon tower

Half Day

09. 15 am	'Meet and Greet' including tea and coffee, followed by
09. 30– 12.15 am	Tutorials and ringing

or

01. 15 pm	'Meet and Greet' including tea and coffee, followed by
01. 30 – 4.15 pm	Tutorials and ringing

Any other changes of times will be given in the joining instructions.

General

An **emergency name and contact details** must be provided for all minors under 18 and preferably for all other students; the emergency contact must be able to be reached **throughout the day**; the contact **is not** be someone who is also on the same course. Travelling distance will be kept to a minimum and shared transport requests met where possible. Joining instructions will detail the name of your tutor and other students in your Group to allow for shared transport arrangements where possible

Parental consent

Guidelines on Child Protection are detailed in the Association's Annual Report, a copy of which is available from every Tower Captain. Parents and guardians should familiarise themselves with these before signing the parental consent for their child's attendance. The parent/ guardian of a **minor** is responsible for the safe delivery of their charge to the morning tower and collection from the afternoon tower at the end of training. Safe transport between the morning and afternoon tower will be under the supervision of the Course Tutor. Additionally, the Branch Education Officer will arrange for a nominated Group Member to act 'in loco parentis' for minors during the day. If these conditions cannot be met, the minor will be unable to attend the training day. In signing their consent, parents/guardians are assumed to understand this and accept any liability in regard to it. If in doubt, please contact the Branch Education Officer

Other Training

Watch out for the monthly learners 8 bell practice mostly at Marston Bigot and occasional more advanced 8 bell practice.

Also contact *Andy Mead*, FromeBranch.RingingMaster@bath-wells.org, who is willing to organise quarter peals for Kent, Oxford or Cambridge.

Jenny Cornwell, The Old Tenniscourt Farmhouse, Wells Road, Hallatrow, Nr Bristol, B&NES, BS39 6EJ,

Tel: 01761 453641; Mob: 07713 158472 (Note: we do not have a signal at home for mobile phone calls but you may send me text messages.)

Email: Jenny Cornwell FromeBranch.EducationOfficer@bath-wells.org

Frome Branch Training Days - Courses and 'Experience Criteria'

Handling Workshop leading to Rounds:

- Does your bell drop on you; it goes out of control?
- Does your rope fly around?
- Are you always being told to hold up?
- Are you always being told to keep your hands together?
- Do you have difficulty with making coils when lowering?
- Do you have difficulty lengthening or shortening your rope?
- Do you have trouble in a strange tower?
- Do your bells have a short draft; you find you can't control a bell with a long draft.
- Can you balance your bell at handstroke and backstroke

Would you like to know 'why' or 'how' to all these questions?

Raising and Lowering in Peal: you **must** have good bell control **and** be able to raise and lower a single bell competently at your own speed. You will practice raising and lowering in peal and be given tips for keeping in the right place.

Rounds, Call Changes and more.....: you **must** be able to handle/ control a bell safely and ring rounds. The course will introduce you to Call Changes, dodging, place making and more.

Plain Hunt for Beginners: you **must** be able to control your bell safely in rounds and call changes **and** be able to ring the treble bell to call changes in your own tower. The course will introduce you to plain hunting generally. *This course is not in the programme but can be added if requested – Just ask.*

Moving on from Plain Hunting.....: you **must** be able to plain hunt on five bells. You may have started to ring the treble to plain methods. This course aims to improve your "Ropesight" and place counting. There will be work with a computer programme to help with ropesight. You will learn to lead with the tenor "turned in". The course will introduce you to plain hunting on the Treble to touches of Grandsire and Plain Bob and may introduce you to ringing an inside bell to plain courses of Bastow Minimus and Doubles or Cloisters Doubles.

Bob Doubles: you **must** be able to ring the treble bell to touches of Bob Doubles or ring the plain course competently, preferably on different bells.

Grandsire Doubles: you **must** be able to ring the treble bell to touches of either Bob Doubles or Grandsire or ring the plain course competently, preferably on different bells.

Stedman Doubles: you **must** be able to ring touches of Bob Doubles or Grandsire Doubles or ring the plain course competently, preferably on different bells.

Plain Bob Minor: you **must** be able to ring the treble to touches of Bob Minor competently; and maybe have rung touches of Bob Doubles.

Grandsire Triples: you **must** be able to ring touches of Grandsire Doubles competently unless you come from an eight or ten bell tower where you do not ring doubles or minor, in which case you must be able to ring the treble to touches or have rung the 2nd or 3rd to a Bob course of Grandsire Triples.

Stedman Triples: you **must** be able to ring touches of Stedman Doubles competently unless you come from an eight or ten bell tower where you do not ring doubles or minor.

Treble to Treble Bob methods: You must be able to plain hunt to touches of Plain Bob or Grandsire, etc.. *This course is not in the programme but can be added if requested – Just ask.*

Kent, Oxford and/or Cambridge Minor: You must be able to treble bob to a method such as Kent, Oxford or Cambridge itself.

Cambridge Major: You must be able to treble bob to a method such as Kent, Oxford or Cambridge itself. You should be able to ring either Kent or Oxford. *This course is not in the programme but can be added if requested – Just ask.*

Important Note: it is counter-productive, both to yourself and the Tutor Group as a whole, to join a course for which you are unsuited through lack of relevant experience. **Apply rigorous and realistic ability criteria in assessing the 'Experience Criteria' requirement above.**

Very Important Note: before joining a 'Methods' Group **please carry out some essential pre-course study** work: know the 'Blue' line **thoroughly** (i.e. order of work, including Bobs and Singles). Your confidence level, and progress on the day, will benefit greatly from this.